



KINSHIP CARE RESOURCES

FOR A CHILD FROM BIRTH TO AGE 5



FIRST STEPS PROGRAM

First Steps is a statewide early intervention system that provides services to children with developmental disabilities from birth to age 3 and their families. First Steps offers comprehensive services through a variety of community agencies and service disciplines. Anyone can refer a child for First Steps services by calling (877) 417-8377 or (877) 41STEPS.



SPECIAL SUPPLEMENTAL NUTRITION PROGRAM FOR WOMEN, INFANTS, AND CHILDREN (WIC)

If you are pregnant, recently had a baby, are breastfeeding, or have a child younger than 5 years of age, the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) could help you.



SAFE SLEEP KENTUCKY

The Safe Sleep Campaign is a statewide effort to raise awareness of and help inform parents and other child caregivers of the importance of safe sleep for babies. Safe Sleep Kentucky seeks to prevent SIDS-related infant deaths by emphasizing ABCD, the four letters associated with the best practices to make sure infants sleep safely. More information:

<http://www.safesleepky.com/>.



EARLY CHILDHOOD MENTAL HEALTH PROGRAM (ECMHP)

The primary goal of ECMHP is to provide: program and child-level consultation on social, emotional and behavioral issues to programs that serve children from birth through age 5; training on working with young children with social, emotional and behavioral needs and their families, to child-serving agencies and others; and evaluation, assessment, and therapeutic services for children from birth through age 5 and their families. For more information, visit <https://kidsnow.ky.gov/Pages/index.aspx>.

TO LEARN MORE...

For quick links and additional information related to the resources listed above, please visit the Kentucky Kinship Navigator Web Portal at kyfaces.ky.gov. On the upper right-hand corner of your screen, click the "Kinship" tab and select "How We Support You". The programs and services identified above will be listed on that page in addition to many more resources for you.

KYFACES.KY.GOV 

DO YOU NEED HELP BUILDING YOUR PARENTING TOOLKIT?

The Just in Time Kentucky training system offers a variety of free training and supports to caregivers. Participate in the training(s) to learn more about attachment, parenting, making everyday moments, and much more! Get started at JITkentucky.org.

